



Scald Burns - Ouch ... That's too hot!

Scald injuries happen when skin comes into contact with hot liquid or steam.

Children younger than 4 years old are at high risk for this type of burn. A curious child can turn on the hot water or pull hot liquids off a table or stove.

Young children have thinner skin than adults, putting them at higher risk of burn injury.

Mercy Injury Prevention Program recommends that children stay out of the kitchen during meal preparation because of the dangers of hot liquids, grease, and hot foods. These items spilled on a child can cause serious burns.

Mercy Injury Prevention Center

417-820-7233

mercy.net/injuryprevention

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Tips to prevent scald injuries and burns:

- Supervise young children at all times.
- Never hold a child and carry hot foods or drinks.
- Avoid using tablecloths with hot items on them. Children can pull items down on themselves.
- Check food and bottle temperature before giving to children.
- Set your hot water heater temperature at 120 degrees F.
- Check the water temperature prior to placing children into a tub or shower.

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