

## Water Safety

Kids don't float!

Drowning is the second leading cause of unintentional death to children, taking more than 900 lives per year.

A child should be actively supervised by an adult when they are in or near water".



Children should learn how to swim.

Always swim with a buddy.

Wear Coast Guard approved life jackets-- not water wings, floaties or noodles.

Adults should learn infant and child CPR.

Stay away from drains in pools and hot tubs.

A quick and silent killer, drowning takes only a few precious minutes.





1

Check the manufacturer's label to ensure the life jacket is a proper fit for your child's age and weight.



2

Make sure the jacket is properly fastened.



3

Have your child lift their arms up straight over their head.



4

Grasp the top of the arm openings and gently pull up.



5

Make sure there is no excess room and the jacket does not ride over their chin or face.