Drowning is the second leading cause of unintentional death to children, taking more than 900 lives per year.

A child should be actively supervised by an adult when they are in or near water.

A quick and silent killer, drowning takes only a few precious minutes.

- Children should learn how to swim.
- Always swim with a buddy.
- Wear Coast Guard approved life jackets -- not water wings, floaties or noodles.
- Adults should learn infant and child CPR.
- Stay away from drains in pools and hot tubs.
1. Check the manufacturer's label to ensure the life jacket is a proper fit for your child's age and weight.

2. Make sure the jacket is properly fastened.

3. Have your child lift their arms up straight over their head.

4. Grasp the top of the arm openings and gently pull up.

5. Make sure there is no excess room and the jacket does not ride over their chin or face.

Led By:

Mercy

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