## MEDICATION SAFETY



## Store Medicine Safely

- Put all medicines up and away and out of sight. Curious kids get into pills in purses, vitamins on the counter, medicine on nightstands and anything within their reach.
- Put medicine away after every use, even if you need to give another dose in just a few hours.
- Keep visitors' purses, bags and coats out of the reach of kids, in case they
  contain medicine.

## Give Medicine Safely

- Use the dosing device that comes with the medicine, not a kitchen spoon or utensil.
- Read the label and don't give your child more than one medicine with the same active ingredient.
- If you are depending on someone else to give your child medicine, write clear instructions about what to give, when to give it and the correct dose.

## Get Rid of Medicine Safely

- Put medicine into a sealable plastic bag. If the medicine is a solid, such as a pill or liquid capsule, add water to dissolve it.
- Add kitty litter, sawdust or coffee grounds to the plastic bag. You can add anything that mixes with the medicine and makes it less appealing for children and pets to eat.

PUT THE POISON CONTROL CENTER NUMBER INTO YOUR PHONE:

1-800-222-1222



