

SCALD BURNS- OUCH... THAT IS TOO HOT!

Scald injuries happen when skin contacts hot liquid or steam. Children less than 4 years old are at high risk for this type of burn. A curious child can turn on the hot water, or pull hot liquids off a table or stove. Young children have thinner skin than adults which puts them at higher risk of burn injury.

St. John's Injury Prevention Program recommends that children stay out of the kitchen during meal preparation because of the dangers of hot liquids, grease, and hot foods. These items spilled on a child can cause serious burns.

Tips to prevent scald injuries and burns:

- ✓ Supervise young children at all times
- ✓ Never hold a child and carry hot foods or drinks
- ✓ Avoid using table cloths with hot items on them. Children can pull items down on themselves.
- ✓ Check food and bottle temperature prior to giving to children.
- ✓ Check your hot water heater. It should be set at 120 degree F.



ST. JOHN'S TRAUMA SERVICES

**ST. JOHN'S/KOHL'S INJURY
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